



Thumbs Up Adventure Club Inc.
www.tuac.co.nz

"The Thumbs Up Adventure Club is a social and active group of people who enjoy living life to the fullest"

President:	Joy Jordan	021 679 301	Committee:	
Treasurer:	Libby Lyver	021 137 1488	Annie Melrose	021 157 6005
Secretary:	Helene Harper	021 921 068	David Verrall	027 203 5508
Newsletter:	Janice Calvert	027 460 5704		

August 2023 – September 2023

SOCIAL GATHERINGS

Dear members,

We have a lovely membership but sometimes we don't have the opportunity to meet up with all the club members. Therefore, the Committee has been looking for ways for the members to get to know each other. We are looking at a regular once a month mix and mingle evening so we can get to know each other in a friendly and casual atmosphere.

Also, would you be open to having your name and email address made available to all members so you can contact each other?

Can you please email your response to the statement below to Libby Lyver at libby.lyver@gmail.com

I am happy to have my name and email circulated to all members.
Name:

Yes - I am happy to have my name & email address circulated or
No - I don't want my name & email address circulated

Thank you so much for your response and participation.

ALEXANDRA PARK NIGHT TROTTING

Cnr Greenlane West & Manukau Roads, Epsom
Friday 28 July from 5.30 pm – 11.00 pm

Join TUAC members at Alexandra Park for an exciting night of live local racing, trackside entertainment, dinner and drinks. Meeting at the Lyell Creek Lounge offering premium trackside viewing with an array of food and beverage choices.

Cost: Food and drinks at your own expense.

Confirm By: Friday 21 July

Contact: Joy Jordan on 021 679 301 or joyejordan@xtra.co.nz



WORLD PRESS PHOTO EXHIBITION 2023

Smith & Caughey Building, Level 5,
253-261 Queen Street, CBD
Saturday 5 August at 10.30am

This travelling exhibition is unique in its kind.

There were just over 60,000 images submitted worldwide for this contest and these are the best of them.

Meet outside the Smith & Caughey building.

Confirm by: a.s.a.p. Discount for 10 or more people.

Cost: \$15 Seniors - \$25 Adults

Contact: David Verrall - 027 203 5508 or

gundesenverrall@xtra.co.nz



WETA WORKSHOP UNLEASHED

Convention Centre, Level 5/88 Federal St. CBD
Sunday 13 August at 1.10pm

A global award-winning movie making tour. Explore interactive and immersive make-believe film sets. The wildly immersive experience takes you on a journey through the wacky world of movie making. A mind blowing 90-minute hosted tour centred on three fully developed and original film concepts. A nail-biting horror, fantasy epic and mind bending sci-fi.

Further info: Optional late lunch/coffee afterwards.

Cost: Seniors \$49.00 – Adults \$59.00

Pay By: Into the TUAC account 12-3014-0118011-00. Please advise me once you have paid the money into the account.

Confirm By: A.s.a.p.

Contact: Janice Calvert – 0274 605704 or icalvert@kinect.co.nz



THE BOSS – BRUCE SPRINGSTEEN EXPERIENCE

Bruce Mason Centre, Takapuna
Friday 25 August 2023 at 7.30pm

A show not to be missed. The Boss - Bruce Springsteen Experience is an international level show honoring the timeless music of Bruce Springsteen and the E Street Band. With a full nine-piece line-up, The Boss presents Bruce's music at a captivating level of visual and audio excitement. This show has wowed audiences at every performance, with standing ovations being the norm.

Optional dinner at a restaurant nearby before the show at your cost.

Cost: Senior \$55 / Adult \$75 plus a share of the booking fee.

Confirm by: ASAP. Have already booked some seats. Will now take late bookings. Please advise if you are coming for dinner.

Pay by: Please confirm with David prior to putting money into TUAC bank account 12-3014-0118011-00

Contact: David Verrall - 027 203 5508 or

gundesenverrall@xtra.co.nz



WAIHI WALKING AND CYCLING WEEKEND

Bowentown, Waihi

Friday 25 to Sunday 27 August 2023

Weekend away to accommodate both walkers and cyclists. As there is a big walk and ride planned for Saturday, accommodation will need to be booked for both nights. If you only want to do the Saturday activity, just book for the Friday night. If Lindemann Track too long, there are other tracks to choose from in the area. Sunday is a shorter local ride and walk.



Walkers - Lindemann Loop Track – carpool to the start of the track.

Ridge Track Kauri Dams (3 hours return) Pack Track (5 hours return) 11 km (return). This track begins at the end of Lindemann Road and can be walked in either direction. The track loops around to the Wairoa valley where the last of New Zealand's kauri dam driving history took place between 1935 and 1941. The loop follows the old packhorse access tracks to and from the dam's area.

Check out the track on the Doc map link on page 13.

<https://www.doc.govt.nz/globalassets/documents/parks-and-recreation/tracks-and-walks/bay-of-plenty/kaimai-to-coast-brochure.pdf> or

<https://www.doc.govt.nz/parks-and-recreation/places-to-go/bay-of-plenty/places/kaimai-mamaku-conservation-park/things-to-do/tracks/lindemann-loop-track/>

Cyclists - meet at Bowentown Park carpark, 401 Seaforth Rd at 0900 for a 0915 start. It will be an all-day ride of approx. 70 kms from Bowentown to Waikino and return, with stops for morning tea and lunch. There is the option of catching the train from Waikino after lunch at either 1.30 or 2.30 which would cut off 10 kms. Back by 4.00pm.

Further info: Accommodation – book your own.

Bowentown Holiday Park. Everything from a tent site to a Kombi Van to motel units <https://bowentown.co.nz/accommodation/>

Tasman Holiday Parks, Waihi Beach.

<https://tasmanholidayparks.com/nz/waihi-beach/>

Dinner Friday night – 6:00 pm Bowentown Fishing Club (we can sign in non-members).

Saturday night – 6:00pm Pot Luck BBQ or dinner at our place in Bowentown. Address will be supplied on confirming you are coming.

Bring: Own bike and biking gear. Tramping gear and poles, lunch, water etc. If you would like to carpool from Auckland, contact Libby.

Cost: Meals and accommodation own cost. All other activities free.

Pay by: When you book.

Confirm by: 12 August but might pay to book accommodation as soon as you decide you want to come.

Contact: Jill Walker jwa1ker@hotmail.com or 021 060 3864

RANGITOTO ISLAND BACH TOUR

Sunday 3 September 2023

This guided walk led by John Walsh (a bach owner) takes 2½ hours and covers approximately 2kms. It features the volcanic background of Rangitoto, a look at the different types of lava on the island, the botany (in particular, the iconic Pohutukawa), Māori history, DOC's successful pest eradication program and introduction of several bird species, the early work of inmates from Auckland Prison, the military history, and some of the "industries" that have been trialled on the island. The walk includes a visit to several of the historic baches. You will be able to step inside two of them and learn something about their fascinating history, as well as hearing stories about the unique lifestyle on the island.

Further info: Catch the 9.15am ferry from Downtown. The 9.15am ferry goes via Devonport at 9.25am. Returning either on the 2.20pm ferry, or if you want to do the summit walk or caves visit as well, return on the 4pm ferry. On the day, if the ferry cannot land at the wharf and goes to Islington Bay instead, we cannot do the tour. I will let everyone know early on the day after confirming with Fullers.

Bring: Water/drinks, lunch and snacks, good sturdy walking shoes/boots that can cope with the rugged lava surfaces, sunhat, sunscreen, swimsuit, towel (optional). Morning tea provided on arrival. BYO flask of tea or coffee.

Cost: \$43 (no seniors fare) return for the ferry and \$7 for the bach tour. Please pay cash on the day to me for the bach tour portion. **Buy your ferry ticket either online (recommended) or on the day.**

Ferry can fill up quickly as it is the only morning sailing.

<https://www.fullers.co.nz/destinations-and-experiences/destinations/rangitoto-island/>

Confirm by: Monday 28 August 2023.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



MIHO'S JAZZ ORCHESTRA

**Paraoa Brewing Company,
719A Whangaparaoa Rd, Whangaparaoa
Sunday 13 September from 2pm – 5pm**

A dynamic ensemble led by Japanese-born New Zealander, Miho Wada. Has uplifted audiences around the world with vivacious energy and Miho's own vibrant compositions. Her storytelling is as unrestrained as her fashion choices. The band's stylish blend of Afro-Cuban flute, Japanese pop, effervescent jazz and infectious dance-happy grooves promise a show to remember.

Further Info: If anyone would like to arrive earlier and have lunch I can book a table for around 1pm.

Cost: \$27.76. Early bird + 5 people \$22.64.

Confirm by: A.s.a.p. as I am unsure how quickly tickets will sell. Please put money into the TUAC account: 12-3014-0118011-00 and once confirmed I will purchase tickets.

Contact: Janice Calvert – 0274 605 704 or jcalvert@kinect.co.nz



SUNDAY ROAST AT MORETONS BAR AND RESTAURANT

**425 Tamaki Drive, St Heliers
Sunday 17 September at 5.30pm**

Further info: A table will be pre booked.

Cost: \$25.00

Pay by: On the night

Confirm by: 10 September

Contact: Annie Melrose anmmelrose@gmail.com or 021 157 6005

TEN PIN BOWLING – AT ZONE BOWLING AND TIME ZONE

28-30 Catherine St. Henderson
Saturday September 23 at 4.45pm

Come and have some fun 10 Pin Bowling. We had loads of fun last time and the bowling alley is new as well as all the equipment.

We will bowl 2 games and then go for dinner at **Thai Peninsula** which is at 301 Lincoln Rd, Henderson. The restaurant is licensed and BYO wine. Their menu is available online.

There is parking for the bowling on the premises or on the street around it. At the restaurant it can be busy but there is usually parking in the front yard or you can park by the Texas Chicken just to the left.

Confirm By: September 15th

Cost: \$7 per person per game which includes your shoes for Gold Card holders or \$14.50 per game for non gold card holders.

Contact: Helene Harper - 021-921068 - heleneh47@xtra.co.nz



TEN PIN BOWLING – AT ZONE BOWLING AND TIME ZONE

28-30 Catherine St. Henderson
Saturday October 14 at 4.45pm

Come and have some fun 10 Pin Bowling. We had loads of fun last time and the bowling alley is new as well as all the equipment.

We will bowl 2 games and then go for dinner at **Thai Peninsula** which is at 301 Lincoln Rd, Henderson. The restaurant is licensed or BYO wine. Their menu is available online.

There is parking for the bowling on the premises or on the street around it. At the restaurant it can be busy but there is usually parking in the front yard or you can park by the Texas Chicken just to the left.

Confirm By: October 8

Cost: \$7 per person per game which includes your shoes for Gold Card holders or \$14.50 per game for non gold card holders.

Contact: Helene Harper - 021-921068 - heleneh47@xtra.co.nz



NIGHT GLOW WORM KAYAKING

Karapiro

New date: Saturday 21 October 2023

Starting from the Epworth camp we kayak

our way down a truly beautiful section of the Waikato River to the Pokaiwhenua stream with our Boatshed Kayak guide(s) in a double sea-kayak. With stunning twilight lake views, we head under the Pokaiwhenua Bridge and into the glow worm canyon. Draped with native ferns, the canyon offers a true slice of New Zealand beauty, and as the light fades away, the unique incandescence of the glow worms starts to shine from the surrounding walls. After a quick hot drink complemented with some tasty cheeses enjoyed around the warmth of a campfire, it's back in the boats, as we drift slowly downstream using only the light from the glow worms.

Further info: Meet at Epworth Camp, 116 Finlay Road, Maungatautari. Start and finish times to be confirmed by the kayaking company closer to the date. Optional dinner afterwards in Cambridge. Possible carpooling from Auckland for those who would like to.

Bring: Warm hat, jacket, thermals, warm gloves, and raincoat just to cover all bases. Cycling gloves are good for paddling with. I may have a couple of old pairs to borrow which are OK to use if needed.

Cost: \$95.00 per person (usually \$140). Minimum of 6 people for trip to go ahead. Dinner at your cost.

Pay by: Saturday 7 October 2023

Confirm by: Friday 29 September 2023

Contact: Libby Lyver 021 137 1488 or libby.lyver@gmail.com



ONEHUNGA TO HENDERSON CYCLE RIDE

Monday 23rd October 2023

Ride from Onehunga to Henderson via New Lynn on cycle paths and quiet roads. Cycle back from Kream Café via the Northwestern cycleway via Waterview. There are two different starting points for this ride which you can choose from.

One will be from The Landing Restaurant carpark at Onehunga (parking available) at 10.30 and the other is meeting the cyclists starting in Onehunga, at the bottom of the cycleway bridge behind PakNSave, Mt Albert at 11.15. These times will be firmed up closer to the day. At this stage we hope to be at Kream Café for lunch at around 12.00.

Further details: The whole round trip from Onehunga to Henderson and back via Waterview is around 50 kms and if starting at Mt Albert will be around 35 to 40 kms. The exact meeting place on the cycleway can be emailed to you if you are unsure where it is. It is close to the Te Arawhiti o Te Wai o Rakataura (Soljak Place) Bridge.

Bring: Own bike and biking gear

Cost: Free. Lunch at your cost

Pay by: On the day

Confirm by: Saturday 14 October 2023 and let me know your chosen starting point

Contact: Libby Lyver 021 137 1488 or libby.lyver@gmail.com



NZ SCULPTURE ON SHORE

Fort Takapuna, Vauxhall Rd, Devonport
Sunday 5 November 2023

After a 3-year hiatus due to Covid, New

Zealand's largest sculpture exhibition returns this year. Ticket sales support Women's Refuge.

Further info: Meeting time to be determined and costs will be advised once they have been published. Lunch either at the event or will choose a nice café in Devonport.

Cost: Previous year's price has been around \$20 but would expect it to be more this year.

Pay: On the day

Confirm by: Date will be set when pricing is notified.

Contact: Libby Lyver - 021 137 1488 or libby.lyver@gmail.com



CAR RALLY

Auckland City and suburbs

Sunday 19 November 2023

A fun car rally designed to get you lost and found again! Followed by dinner in the evening. Venue to be determined. Prizes for winner(s) and different categories.

Further info: Meet at the band rotunda in the Auckland Domain near the Wintergarden Café at 1:00 p.m. Make up your own team or I can arrange carpooling (ideal if no more than 3 people per car). Teams leave 5 minutes apart.

Bring: Digital camera or use mobile phone, scrap paper, pens and clipboard if you have one. All other clues and answer sheets supplied.

Cost: \$5.00 entry fee. Dinner at your cost

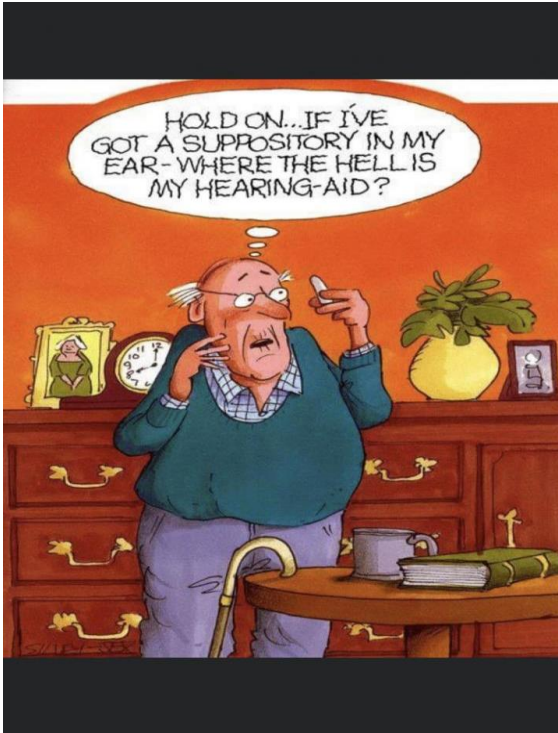
Pay by: Saturday 4 November in TUAC account: 12-3014-0118011-00

Confirm by: Saturday 4 November as team numbers are needed.

Contact: Libby Lyver 021 137 1488 or libby.lyver@gmail.com



JOKE



POEM

Rob Arnett wrote this back in 2012. It was found by Betty's daughter [Alison} amongst Betty's belongings:

I love to go a wandering, along with all TUAC,
As i go a wandering, my knapsack on my back,
follow me, follow far, follow me a ha, ha, ha, haaa,
A knapsack on my back

As I go a wandering, I wave to all I see,
to cows and sheep and goats and things,
and they wave back to me?
this makes me wonder even more, when they look up
and stare,
how they plant three hooves upon the ground, and wave
the other in the air ?
follow me, follow far, follow me, follow ha, ha, ha, ha
haaa
A backpack on my lap??

Another thing that comes to mind, if they all wave back,
perhaps one day the animals, will want to join TUAC?
We wander through the bush and streams, climbing hills
with nought to fear,
Knowing at the end of it, there will be a coffee or a beer !
Follow me, follow far, follow me, follow ha,ha,ha,haaaa
I love a dancer on my lap!!!!!!

from uncle pervy [Rob]

EVENTS

And while we are talking about events, if there is something that you would like to suggest as an event, or even think you would like to organise yourself, speak to one of the Committee. They would love to hear your idea and even help you get it into the newsletter. The club exists because there are people who want to socialise with others and have adventures.

PHOTOS FOR THE WEBSITE

If you have any photos from any TUAC events, we would love to see them on our website in our photo galleries. You can email these to Ian Ashurst E: ashurst.family@xtra.co.nz who will upload them onto the website gallery. You will need to let him know what event they relate to and if you can give each photo a title, this can be loaded to accompany the photo. You will also need to send him a short, written version of what the event was about. For ideas on what this looks like, check out previous galleries. It does not have to be too involved as there is limited space for this. It should just be a precis of how much fun you all had!

COVID – 19 POLICY

Now that the Covid vaccination mandates have been relaxed by the Government and a vaccination is no longer required, Thumbs Up Adventure Club no longer requires that members be vaccinated to attend events, meetings, or any other activities. Thank you so much for your co-operation and patience during that difficult period. Thankfully normality can now prevail.

EVENT AND PAYMENT DETAILS

If paying your subs, enter invoice number in payment details. You do not need to put your name in the details fields, as this is automatically displayed when using internet banking. Deposit cheques into the club's bank a/c 12-3014-0118011-00 and email Libby (libby.lyver@gmail.com) the same information.

BEFORE MAKING PAYMENT FOR ANY EVENT, CHECK WITH THE EVENT ORGANISER THAT PLACES ARE AVAILABLE

Non-members may attend some club events. Members have priority and a surcharge may be applied to non-members. Contact the event organiser directly to make a booking for any event.

If you have confirmed to go to an event where the ticket is prepaid by the organiser, or accommodation booked, pay by the due date. The ticket is still your responsibility to pay. You can sell it or give it away.

If accommodation has been made for you by the organiser, it is your responsibility to either pay the whole amount, or find someone else to take your place

If you cannot attend on the day, advise the organiser immediately, as they may have people wishing to attend.

INTRODUCE A NEW MEMBER: If you introduce a new member and they join the club you will get a credit of \$10 on your next TUAC membership renewal account.

LIABILITY: "I acknowledge and accept that neither the Thumbs Up Adventure Club ("the club"), nor any other party associated with any activity arranged by or through the club shall have any responsibility for any liability, financial or otherwise, which might arise whether or not by negligence, from any direct or indirect loss, injury or death which might be sustained by me or any other party directly or indirectly associated with me, from my intended or actual participation in any event or its related activities."

Any queries regarding an event please get in touch with the event organiser only.

Do not use the Hotmail account as this is NOT monitored frequently